

Assessment

A staff member shall meet with the client and the client's family if appropriate, to complete an integrated initial assessment, within 30 days of intake. The integrated initial assessment shall include both functional and diagnostic components. For mental health services for children under 18 years of age, the mental health staff must obtain permission from the parent or guardian to meet with the child, and at least one parent or guardian must participate in the initial assessment. The initial assessment shall include the following components:

(1) Strengths of the client and the client's family if appropriate, as well as previous periods of success and the strengths that contributed to that success. Identification of potential resources within the family, if applicable;

(2) Presenting problems or issues that indicate a need for services;

(3) Identification of readiness for change for problem areas, including motivation and supports for making such changes;

(4) Relevant treatment history, including attention to previous mental health and substance abuse/gambling treatment and periods of success, psychiatric hospital admissions, psychotropic and other medications, relapse history or potential for relapse, physical illness, and hospitalization;

(5) Relevant family history, including family relationship dynamics and family psychiatric and substance abuse history;

(6) Family and relationship issues along with social needs;

(7) Educational history and needs;

(8) Legal issues;

(9) Living environment or housing;

(10) Safety needs and risks with regards to physical acting out, health conditions, acute intoxication, or risk of withdrawal;

(11) Past or current indications of trauma or domestic violence, or both if applicable;

(12) Vocational and financial history and needs;

(13) Behavioral observations or mental status, for example, a description of whether affect and mood are congruent or whether any hallucinations or delusions are present;

(14) Formulation of a diagnosis per DSM-IV, including documentation of co-occurring medical, developmental disability, mental health, substance abuse, or gambling issues or a combination of these based on integrated screening;

(15) Eligibility determination, including ASAM level of care determination for substance abuse services and/or;

(16) Eligibility determination, including documentation regarding sufficient information to determine SMI or SED for mental health services;

(17) GAF score or current level of functioning, if applicable;

(18) Clinician's signature, credentials, and date; and

(19) Clinical supervisor's signature, credentials, and date verifying review of the assessment and agreement with the initial diagnosis or the formulation of the initial diagnosis in cases where the staff does not have the education and training to make a diagnosis.